

KERNOW YOUNG CARERS

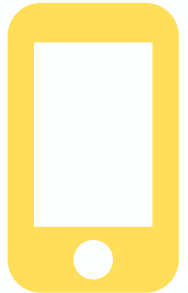


**Changing childhoods.
Changing lives.**

**Kernow Young Carers Service
is in it's fifth year of partnership
with CRCC, Disability Cornwall, Promas
and Age UK to form the Cornwall Carers Service.
Together we deliver a range of free high quality support
services for unpaid Carers throughout Cornwall. These
services include emotional support, information, advice and
guidance, statutory assessments, access to grants,
community support, carer specific training and dedicated
services for Young Adult Carers (18-25 year old Carers)
and Young Carers.**



**Do remember that the Advice Line on 01736 756655
is available on
Tuesday/Thursday 9-7pm and
Monday/Wednesday/Friday 9-5pm
to advise on any of the above.**



**Follow us on social
media and
keep up to date with
useful
resources,
opportunities and
activities countywide
for you
and your family!**

**www.cornwallcarers.org.uk
facebook.com/CornwallCarersService
twitter.com/cornwallCS**

**Especially for Young Adult Carers:
instagram.com/cornwallyacs**

KERNOW YOUNG CARERS

Winter Activities

Ice Skating at Eden Project
on 29th November



KERNOW YOUNG CARERS

Winter Activities

Ice Skating at Eden Project

on 6th December



KERNOW YOUNG CARERS



This Winter Kernow Young Carers has also provided and distributed:

30 Cinema gift vouchers for 5-11 year olds

48 Well-being boxes

19 Christmas gifts donated by our supporters

An offer of a free book written for young carers below

Merry Christmas from The Late Crew!



The Late Crew are **young carers** who meet **aliens**, in a book series for 8-12 year olds! Scan the QR code to download a gift from your local carers charity: the free Late Crew E-Book, which can be read on your phone, kindle or tablet!



MERRY
CHRISTMAS
AND
HAPPY
NEW YEAR

From the
Kernow Young Carers
Team



Worried about money? Get support and advice you can count on from Barnardo's

We know that winter can be a challenging time of year for lots of families.

Barnardo's are offering Child Poverty Fund Grants to struggling families - you can apply for these by using forms on the Barnardo's website.

This year Barnardo's is working with **turn2us, a national charity that offers practical support to anyone struggling with money.**

Their tools are designed to make sure you're not missing out on money and support you're eligible for.

You can visit our website to access support using this QR code.

Type in "Worried about Money" to access information about financial support.



KERNOW YOUNG CARERS



Do you know of anyone who would be able to drive for Volunteer Cornwall?

Without the wonderful drivers already volunteering many Young Carers would not be able to access our activities!

Please share this information with your family and friends.



Volunteer Drivers Needed in Your Area

- Enjoy Driving?
- Meeting People?
- Helping Others?

Do you have spare time?

- Couple of hours
- Regular or Ad-hoc
- Evenings/Weekends
- Odd days



You will be providing a vital service and helping isolated and vulnerable people get to where they need to be.

Our drivers complete journey for:

- Hospital appointments
- School runs
- Charities & group events

Drivers are required to undertake training in Safeguarding and MiDAS every 2 years

Mileage is reimbursed at a rate of 45p per mile

Email at bookings@volunteercornwall.org.uk or call on 01872 265300